

Missouri Competitive Shooting Academy



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Now teaching classes throughout the bi-state area:

*Bench Rest Rifle Club of Saint Louis*  
*Top Gun Indoor Gun Range*  
*Town & Country Gun Club*

Wright City, Missouri  
Arnold, Missouri  
Maryville, Illinois

# **COURSE CATALOG**

**“The most reasonably priced  
training in Missouri”**

**Pre-registration required for all classes!**  
**Limited seats available, so register today!**

**20% DISCOUNT**

For **juniors, females**, active duty **military** and active duty **law enforcement**  
For Bench Rest Rifle Club of Saint Louis members on classes taught at Bench Rest  
For Town & Country Gun Club members on classes taught at Town & Country

# MCSA Testimonials

“You will make up the money you spend on this class (Handgun 201) with the ammo you would have wasted on the range”

--Mike Cusanelli (IDPA, International Defensive Pistol Association, Expert)

“I gotta tell you at first, I didn't think I was going to learn much in your class. I thought it was going to be a basic skills class that I already knew. I was wrong. Your instruction about dry fire practice, shooting while moving and the reload with the pistol extended instead of what I'm used to (in close) was very worthwhile. I learned quite a bit.”

--Handgun 301 Graduate

“THANKS AGAIN FOR EVERYTING ESPECIALLY FOR THE RANGE TIME AFTER THE CLASS WE ALL HAD A LOT OF FUN...EVERYBODY WAS HAPPY AND IT WENT OFF WITHOUT ANY PROBLEMS”

-- Florida CCW Graduate commenting on a class with 15 of his co-workers

“I think your class fee is too cheap, you should charge more for your classes”

-- Handgun 301 Graduate

“For the first time in my life I found homework I enjoy... and yes I HAVE BEEN DOING MY HOMEWORK”

-- Handgun 301 Graduate

“Yesterday was a blast. I learned so much. I really appreciate the fact that I have things to focus on to improve my shooting. I now can go to the range and work on specific things, not just burn ammo for the heck of it.”

-- Private Instruction Student

**100% of MCSA students say they would recommend a class to a friend!**

Pricing subject to change without notice.

### **Foundation Courses**

Gun Safety 101	Introduction to Firearms	\$75
Self Defense 101	Introduction to Self Defense	\$75

### **Women and Juniors Courses**

Defense 101	Firearms and Self Defense	\$50
Boy Scouts 101	Troop Day at the Range (\$150 Min)	\$10/Scout

### **Handgun Courses**

CCW-MO	Missouri Concealed Carry	\$125
Handgun 101	Handgun Fundamentals	\$100
Handgun 201	Introduction to Competitive Handgun	\$125
Handgun 301	Intermediate Competitive Handgun	\$125
Handgun 401	Advanced Competitive Handgun	\$150

### **Rifle Courses**

Rifle 101	Rifle Fundamentals (Perfect for Hunters)	\$100
Rifle 201	AR-15 Carbine Rifle	\$125
Rifle 401	Practical Long Range Shooting I	\$125
Rifle 402	Practical Long Range Shooting II	\$125

### **Private Instruction**

Private 801	Private Instruction (1 -2 students)	\$50/Hr *
	Private Instruction (3 students)	\$75/Hr *
	* 3 Hour Minimum	

- *Class dates are constantly being added, so contact us if there are any classes you are interested in attending.*
- All classes include access to the MEMBERS ONLY area of the website which contains a variety of training aides and drills for each class.
- Please send checks to:

MCSA  
P.O. Box 705  
O'Fallon, MO 63366

Registration must be received 2 days prior to the class to guarantee a seat.

# **Foundation Courses**

## **Gun Safety 101 - Introduction to Firearms**

4 Hours

This class introduces the student to handguns, rifles and shotguns. This class will focus on safe handling and storage of firearms as well as equipment selection. There will be ample time allotted for Questions & Answers, so students new to firearms can get the answers they need. Each student will get to shoot a variety of firearms as part of this class.

*Equipment Requirements / Prerequisites:*

*NONE (If students own a firearm, they should bring it for the range portion of the class)*

## **Self Defense 101 - Introduction to Self Defense**

4 Hours

Basic self defense concepts will be introduced and demonstrated. Simple yet effective “empty hand” defensive moves will be taught to stop an attacker. In addition, self defense concepts involving everyday objects, flashlights, pepper spray, knives, etc... will be discussed and demonstrated. There will be ample time allotted for Questions & Answers.

*Equipment Requirements / Prerequisites:*

*NONE*

# Women and Juniors Courses

## Defense 101 – Firearms and Self Defense

4 Hours

This is a class for ***WOMEN ONLY***, *includes lunch* and is a combination of the Introduction to Self Defense and Introduction to Firearms classes. The students will be introduced to handguns, rifles and shotguns with a focus on safe handling and storage of firearms for self defense. In addition, basic self defense concepts involving everyday objects, flashlights, pepper spray, etc... will be discussed and ***demonstrated***. Each student will get to shoot multiple firearms as part of this class and there will be ample time allotted for *Questions & Answers*, so students can get the answers they need. ***A female competitive shooter will be helping instruct this class.***

*The following are NOT REQUIRED, but helpful to bring to class if available:*

*Handgun, ear and eye protection, 100 rounds of ammunition, appropriate clothing (we'll be shooting outside on gravel), and a portable chair.*

## Boy Scouts 101 - Troop day at the range

4 Hours

This includes 3 hours of classroom time that emphasizes safety while gauging the interests and attitudes of the scouts. Scouts will get to shoot air rifles, rimfire rifles, and shotguns on the range. There will be ample time allotted for Questions & Answers, so scouts can learn more about their area of interest.

*Equipment Requirements / Prerequisites:*

*Eye and ear protection for all scouts and guardians.*

# Handgun Courses

## CCW-MO – Missouri Concealed Carry

8 Hours

This is an all day class that meets the training requirements to obtain a Missouri CCW permit. Does not include Missouri's fees for the permit or processing.

Requirements / Prerequisites: *Must be at least 21 years of age and a Missouri resident.*

## Handgun 101 – Handgun Fundamentals

6 Hours

This class is perfect for anyone that owns a handgun. This class will focus on safety, stance, grip, draw, and reload. Students will leave this class feeling comfortable loading, drawing, shooting, unloading, and caring for their handgun.

Equipment Requirements / Prerequisites:

*A basic familiarity with handguns OR Gun Safety 101 graduate. Safe and serviceable handgun, 2 magazines or 3 speed loaders, eye and ear protection, belt, holster, 2 magazine pouches or speed loader holders, 100 rounds of ammunition.*

## Handgun 201 - Introduction to Competitive Handgun

6 Hours

(3 Hours Classroom + Match)

**\$15 match fee included in tuition.**

This class is perfect for anyone curious about handgun competitions. This class will focus on safety, competitive equipment, stance, grip, draw, and reload. Students get to shoot a USPSA, IDPA or steel plate match under the instructor's supervision as part of the class. Students will leave this class feeling comfortable participating in local handgun competitions.

Equipment Requirements / Prerequisites:

*Handgun 101 OR Gun Safety 101 graduate. Safe and serviceable handgun, 2 magazines(5 preferred) or 3 speed loaders(5 preferred) for revolvers, eye and ear protection, belt, holster, 2 magazine pouches or speed loader holders, 200 rounds of ammunition.*

# Handgun Courses Continued

## Handgun 301 - Intermediate Competitive Handgun

6 Hours

The classroom portion of this class will focus on understanding USPSA & IDPA rules and scoring as they relate to the competitor. The range portion of the class is designed to improve the students speed and accuracy while introducing the basics of shooting on the move. Students leave this class with live and dry fire drills for practice.

### Equipment Requirements / Prerequisites:

*USPSA classification OR IDPA classification OR Handgun 201 graduate. Safe and serviceable handgun, 5 **magazines or speed loaders**, eye and ear protection, belt, holster, 2 magazine pouches or speed loader holders, 400 rounds of ammunition.*

## Handgun 401 - Advanced Competitive Handgun

6 Hours

The classroom portion of this class will focus on learning how to evaluate USPSA & IDPA stages from a competitor's viewpoint and introduce the mental aspects of competitive shooting. Students will leave with advanced training drills and an understanding of how to get the most out of practice sessions with limited time and/or ammunition.

### Equipment Requirements / Prerequisites:

*USPSA classification OR IDPA classification OR Handgun 301 graduate. Safe and serviceable semi-auto or revolver, **8 magazines or speed loaders**, eye and ear protection, belt, holster, 2 magazine pouches or speed loader holders, 600 rounds of ammunition.*

# Rifle Courses

## **Rifle 101 – Rifle Fundamentals (Perfect for Hunters)**

6 Hours

This course is for people who want a comprehensive course in the essential elements of rifle shooting, and is especially useful for hunters. We have already helped hunters from 12 to 74 that wanted to enhance their rifle skills. This class will strengthen your marksmanship where it really counts -- in the field. The class will provide a thorough understanding of ballistics at ranges from 25 to 300 yards, and by the end of your course, if you can see it; you'll probably be able to hit it. We will determine the **optimal sight-in yardage for YOUR rifle and YOUR goals** and actually sight it in as part of the class. This class is about learning your rifle and its capabilities.

### Equipment Requirements / Prerequisites:

*Basic rifle skills, a rifle capable of ranges to 300 yards, eye and ear protection, 1 box of practice ammo, 1 box of the hunting ammo to be used in the field.*

## **Rifle 201 – AR-15 Carbine Rifle**

6 Hours

This class is a must for anyone that owns an AR-15. You'll learn manipulation, marksmanship, 223 ballistics, how to use various sighting systems, and how to quickly acquire the best position for a good hit. You'll also learn how to get first round hits up to 300 yards, and spend time honing your new techniques. We will cover how to shoot on the move in multiple directions, and how to safely move quickly with your carbine when not engaging targets. This is the perfect class for anyone interested in entering the world of 3-gun competitions.

### Equipment Requirements / Prerequisites:

*Basic rifle skills, an AR-15 or similar 223 carbine, eye and ear protection, and 200 rounds of ammunition.*

# Rifle Courses Continued

## Rifle 401 – Practical Long Range Shooting I

6 Hours

This class is for a person with a scoped rifle capable of 1 MOA\* accuracy that has never shot beyond 200 yards. We will start the first day in the classroom covering ballistics, optical adjustments, using a Mil-Dot reticle, and much more. The more you understand the rifle and ammunition you are using, the more effective you will be.

Some of the topics covered in this course include:

- ❖ Advanced ballistics
- ❖ MOA adjustments
- ❖ Mil-Dot
- ❖ Sighting in your rifle at 200 yards

**This class is a real eye opener for anyone interested in Long Range Shooting!**

Equipment Requirements / Prerequisites:

*Basic rifle skills, a manually operated rifle capable of 1 MOA accuracy, eye and ear protection, and 20 rounds of MATCH GRADE ammunition.*

*\* 1MOA is Minute of Angle or approximately 1 inch at 100 Yards.*

## Rifle 402 – Practical Long Range Shooting II

6 Hours

The second day is spent on the range and we, put into practice the information covered in the classroom. The learning really begins on the range where the student will shoot at 100 yards, 200 yards, 300 yards and 500 meters under time pressure.

Some of the topics covered in this course include:

- ❖ Marksmanship
- ❖ Optical adjustments
- ❖ Known distance shooting
- ❖ Unknown distance shooting

Equipment Requirements / Prerequisites:

*Rifle 401 graduate OR passing written & shooting test, eye and ear protection, and 60 rounds of MATCH GRADE ammunition.*

# Private Instruction

## Private 801 – Private Instruction

3 Hour Min.

Private Instruction is focused on your individual goals and the date of the class is chosen to work with **your schedule**. Private instruction is available in many different areas including:

- 1) Self Defense
- 2) Handgun
- 3) Rifle
- 4) Shotgun

Whether you want to become more proficient with you carry gun, become an IDPA Master, or just test the limits of your hunting rifle we can help you reach your goals.

Please note that we **HIGHLY RECOMMEND** enrolling in Private Instruction with a **FRIEND**. Some of the benefits of taking this instruction with a friend are:

- 1) Sharing the per hour cost of instruction
- 2) Having time to reload while your friend is shooting
- 3) Helping each other remember lessons from the class
- 4) Reinforcing lessons by watching each other receive instruction

### Equipment Requirements / Prerequisites:

*NONE*